

GRANITE MAN TRIATHLON

SPRINT

GRANITE MAN SPRINT RUN KEY

-  DIRECTION OF TRAVEL
 -  RUN COURSE ROUTE (1 LAP)
 -  MAIN & MINOR ROADS
 -  TOILET WITHIN 25m OF RUN ROUTE
 -  AID STATION (THERE ARE TWO SEPARATE AID STATIONS ON THE RUN COURSE)
 -  EASILY RECOGNISED LANDMARK WHEN SCOUTING / PRACTICING THE RUN
- FORT DOYLE**

